



Guidance to support our incoming first-year college students.
Strategies for academic, career and personal success.
Orientation to college, career and educational planning.
COUN 100—AA/AS; CSU Transferrable; 1.5 units.
Available at our local high schools.

SOUTH ORANGE COUNTY COMMUNITY COLLEGE DISTRICT BOARD of TRUSTEES
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Counseling 100 introduces high school seniors to college and helps develop essential life skills for adulthood. This course primarily focuses on the attitudes, habits, and behaviors of successful college students. Students will learn proven strategies for achieving academic and personal success. Topics include utilizing college resources, peer relationship building, and communication with faculty and support staff. This introductory course is the first in a series of additional Counseling courses, all designed to prepare students for academic, career, and personal success. This is a great class to help a high school senior prepare for college.

Students are encouraged to attend an application workshop, where they will complete the following steps to enroll in Counseling 100:

1. Complete a **Spring 2023** application for admission to Saddleback College.
Visit: www.saddleback.edu/admissions/New-Students
2. A K-12 Special Admission Request Form needs to be submitted. Please check with your High School Guidance Office for more details.
3. Obtain your C100 Ticket # from your High School Guidance Office or your onsite Saddleback Counselor.
4. Log into your Saddleback College MySite student portal to check your registration date. On or after your assigned registration date, you will be able to register for the COUN 100 course. For further questions, make an appointment with the Saddleback College Counselor on your high school campus.

For more information about the enrollment into the Counseling 100 course, please contact the Saddleback College Outreach Department at (949) 348-6204



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